

# Working Together While Being Apart: A Pandemic Life

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Zoom or Teams?  
We aren't  
A team  
Me. You. Them.

Bright screens  
And open tabs  
Alone  
Each of us.

Maybe at home  
An office  
A couch  
A bedroom.

Surrounded by  
Heavy news  
Family, pets, plants  
Other responsibilities.

Maybe not fully alone  
But certainly  
No team  
Bing!

Reminder:  
Meeting at 10:30  
Rushing  
To make it.

Sign in  
Or find the link  
Buried amongst  
Endless emails.

Video on?  
Video off  
Mute,  
Unmute  
Mute again.

I'm struggling  
Reminding myself to care  
For the work, for the "team"  
For myself.

Myself  
I repeat, myself  
Where is the "bing" for self-care?  
Bing!

The day, today  
Repeats  
Remaining connected  
While being apart

Zoom or Teams?